



## HULL & EAST RIDING GLAUCOMA GROUP

**Patron: Mr C Burnett: Consultant Ophthalmic Surgeon & Glaucoma Specialist**

**based at Sight Support (formerly HERIB): Tel No: 01482342297**

**Newsletter: December 2021**

We have sun, we have rain, we have gales, we have sleet, and we have snow. Sometimes all in the same day! Welcome to a rather typical Autumn/Winter season in the UK and welcome to the Hull and East Riding Glaucoma Group newsletter for December 2021

**Group News:** With the hope that next year won't present with the same challenges regarding Covid in whatever shape or form it finally adopts, I am very pleased to identify that following the usual round of emails, phone calls etc we have a programme of meetings for 2022, a copy of which is included with this newsletter. I am also pleased to identify

that the original speakers for 2020 are very happy to be included for 2022. We have the continuing support of both Pat Savage (Glaucoma Nurse Practitioner,) and our Patron, Mr Burnett, in his capacity as Glaucoma Specialist and Consultant Ophthalmic Surgeon with sessions offering help with individual concerns and problems. We have a talk on diabetic eye disease from Ellen Beddows, a Consultant optometrist from the Eye Hospital identifying how diabetes - a condition which affects quite a few of our members - can have implications for vision. Dr Ann Hutchinson, from Hull/ York Medical School and the creator

of the 'Bringing Breathlessness into View' exhibition, will be talking to us about living well with breathlessness, a condition which affects many of us for various reasons and which can have a detrimental effect on daily living. As a 'break' from eyes, we're pleased to welcome back Kath and Clive Richardson the authors of "The Woman Who Didn't Exist" to regale us with their talk on many aspects of the English language, covering such things as punctuation howlers, silly labels, and a reminder of some spelling and grammar rules we may have learned at school. And there you have it. -our programme for 2022. This has been carried out with a large chunk of optimism, and I would stress that all arrangements are tentative and subject to change depending on circumstances that might arise. As always we hope there will be something of interest for the many rather than the few.

And finally: **Resume of year**  
It's fairly safe to say that

2021 was another difficult and challenging year for most of us. Not just Covid, but a worrying pattern of unusual situations in the form of floods, heatwaves, fires, earthquakes and volcanic eruptions. People are emotionally as well as physically drained, but carry on. I read the other day that the word of the year is "perseverance", inspired by Nasa's mission to Mars, and defined as a "continued effort to do or achieve something, even when this is difficult or takes a long time". Sounds pretty much like life in 2021! I'll finish by reminding you as always if at any time you wish to stop receiving the Newsletter and have your name removed from the mailing list all you have to do is phone Sight Support and ask for your details to be removed (01482 342297). We look forward to seeing you in 2022 and send our best wishes for a Merry Christmas and a Happy New Year.

Take care and stay safe. Kay Slingsby

## Hull and East Riding Glaucoma Group Programme for 2022

Date & Time	Details
Fri 11th Feb 11am - 1pm	Pat Savage; Glaucoma Nurse Practitioner
Fri 8th April 11am - 1pm	Ann Hutchinson: Hull York Medical School: Living Well with Breathlessness.
Wed 15th June 2pm - 4pm	Mr Burnett: Eye Hospital Glaucoma Consultant and our Patron.
Fri 12th Aug 11am - 1pm	Clive & Kath Richardson: 'I Don't believe a Word of It.'
Fri 14th Oct 11am - 1pm	Ellen Beddows: Eye Hospital Consultant Optometrist: Diabetic eye disease.
Fri 2nd Dec 11am - 1pm	Pat Savage: Glaucoma Nurse Practitioner.

Meetings take place every 2 months on the 2nd Friday of the month, from 11am till 1pm, at Sight Support in Beverley Road. (Please note the exceptions in June and December)

Entry: £1.50 per person.

For more information contact: Sight Support on 01482 342297.

We look forward to seeing you.