Improving and enriching the quality of life for local people with sight loss



kids

Children & Family Newsletter

Summer Edition 2024



01482 342297

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Project Insight



" X has enjoyed doing things that maybe weren't very accessible usually.

Very inclusive for everyone. Feel like he's part of something. Really enjoyed gymnastics and Santa's breakfast. It has been really nice to meet other children in a similar situation."

What an exciting start we are having to the Children's and Families Project year two.

Already we have enjoyed various fully inclusive fun packed activities such as football, gymnastics, coffee mornings and a visit to Ferens Art Gallery.

Over the summer holidays we have planned even more exciting activities to keep the fun going.

Rewilding, Yorkshire Wildlife Park, Trip to Reighton Sands and even a session with a real DJ are just a few of our planned activities.

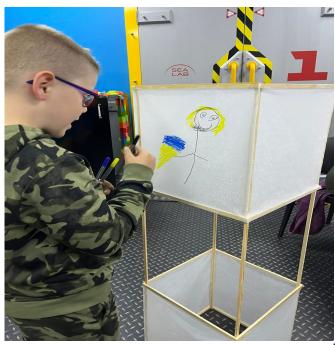
"All the Sight Support kids activities have had a great impact on X, her confidence has grown and so have her social skills. Having X's brother being able to attend many sessions has also given her a greater sense of belonging, it has also helped A have a greater understanding of X's condition and the effects that vision have on other children also. The team at Sight Support are fantastic and so engaging with the children. They are always friendly and welcoming and help the children with their confidence and self esteem."

Arty Crafty Kids

Our children and families are really excited about our amazing long term art project which has a fun beach theme. We will be using all our senses to create our own representations of the seaside. We will have a fun packed day out at Reighton Sands where we will be able to collect some real seaside items to add to our creative work.

The children love working with artists Jon and Leila who are going to help us create our own fantastic seaside exhibition on Humber Street in Hull early next year.

20th July—24th August—7th September.



"I wouldn't be able to do activities if it wasn't for Sight Support."

"I like all the teachers at Sight Support.

It makes me extremely, extremely happy."



Rewilding Youth

The children are enjoying having the freedom to explore nature, run, climb, and take safe risks using tools and equipment.

We will be going on an exciting trip to Reighton Sands together where artists Jon and Leila will join us to fly kites the children are currently making at Arty Crafty Kids.

The children really enjoy cooking outdoors and making pizza, pancakes and hot chocolate.

24th July—7th August—31st October.





"I like Rewilding the most. We get to go on tyre swings, light fires, and sometimes we have marshmallows and pancakes."

Aspire Gymnastics



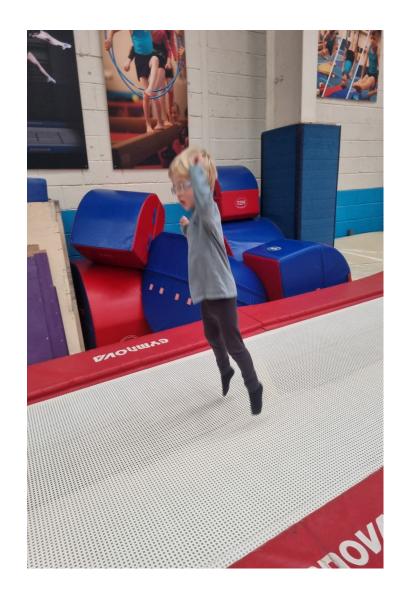
Gymnastics is one of our most popular activities.

All the children are full of smiles as they practice trampolining, swinging on bars, walking on the beams, and most exciting of all diving into the giant foam pit.

30th July—29th October.

"My favourite is gymnastics.

I like all the teachers and I like going onto the beam."



Blind and Visually Impaired Football

Joining in with football has been great fun.

The children are learning amazing skills and how to participate in a team sport.

Penalties are great fun especially when you get the ball past the coaches and Sight Support staff.

28th July—18th August—15th September.



"I like to see
everyone and all
my friends as
they make me
happy and they
make me smile."

Upcoming Activities

On the following pages you can find details of the activities and outings we have coming up in the future!



Dates for your Diary!



July

Friday 19th July - Coffee Morning - Sight Support Hull - 10am-12pm.

Saturday 20th July - Arty Crafty Kids - The Deep - 10am-11.30pm.

Wednesday 24th July - Rewilding Trip to Reighton Sands - 10am-4pm.

Sunday 28th July — Visually Impaired Football —Allam Sports Centre — 12pm—2pm.

Tuesday 30th July - Gymnastics - Aspire Hull - 10am-11.30am.

August

Monday 5th August - DJ Methodz - Marfleet Community Centre - 10am-12pm.

Wednesday 7th August - Rewilding - East Hull Community Farm - 10am-4pm.

Wednesday 14th August - Yorkshire Wildlife Park.

Sunday 18th August — Visually Impaired Football — Allam Sports Centre — 12pm-2pm.

Saturday 24th August—Arty Crafty Kids—The Deep—10am-11.30pm.





Tuesday 30th July—10am until 11.30am
Tuesday 29th October—10am until 11.30am

All Children welcome!

Providing fun across all apparatus within the gym including floor, beam, vault, trampoline and bars, and the amazing foam pit







To book your child's place please call Sight Support on 01482 342297 to book your place, as there will be limited spaces available.

Email us: kids@sightsupport.org

Sight Support, 466 Beverley Road, Hull, HU5 1NF Reg. Charity No. 223668



Improving the lives of visually impaired children and adults across Hull & East Yorkshire





Smarties Fundraising Activity for Sight Support Kids

Eat your smarties and fill the tube with 20ps

Collect your tube from Sight Support,
Beverley Road, Hull,
or you can buy and fill your own tube.
Return your filled tube to us at
Sight Support.

Thank you for your support

kids@sightsupport.org

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Beach Trip to Reighton Sands with Rewilding Youth



Meeting at Rewilding site for 10 am to access transport. Please book as there are limited spaces on the minibuses. For any access requirements or questions please speak to a member of the Sight Support team.







Dates:

24/07/2024 Trip to Reighton 10– 4pm 07/08/2024 at Rewilding site 10– 4pm 30/10/2024 at Rewilding 11-2pm

For ages: All ages

Please bring a packed lunch as it's a whole day experience

01482 342297 To book your place email us at kids@sightsupport.org

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Join us at the Yorkshire Wildlife Park Wednesday 14th August

If you have booked your place with us, please arrive at the Wildlife Park for 10.45am. If you are travelling from Sight Support, please arrive for a 9am

Yorkshire Wildlife Park has some of the world's most beautiful and at risk animals including Polar Bears, Black Rhino, Lions, Tigers and Giraffes.







Email us: kids@sightsupport.org

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Have Fun Experiencing Becoming a DJ !!

Monday 5th August 10am-12pm.

Marfleet Community Centre,

Swanfied Road HU9 4PX.

Accessible for all. Feel like a DJ with the press of a button. A fun way of experiencing something new. Come and join Us with Santino-DJ Methodz.

To book a place ,please speak to a member of the Sight Support team.







kids@sightsupport.org





We are very excited to announce that we will be joined with Senior habitation specialist Kate Reed from Guide Dogs, who is looking to set up a 0-4 yrs My Time to Play programme in Hull.

We would also like to get a focus group of parents to come and chat to us about their positive or negative experiences with lpass.

Children welcome . Refreshments will be available.

Friday 19th July 10am—12pm
Sight Support, 466 Beverley Road,
Hull,







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Join us for all inclusive creative workshops with Square Peg Arts. We will explore art and the Yorkshire Coastline through paint, sculpture, mixed media and artwork which will form part of an exciting exhibition in February 2025. Bringing the beach to Hull. We welcome the whole family is welcome.

Dates: 31st May 10 am-11:30am (at Sight Support)

All the rest of the following dates will be on a Saturdays from 10:00am till 11:30am and they will be at The Deep.

8th June, 20th July, 24th August, 7th September,

2nd November, 16th November, 11th January

Our exciting Exhibition will be in February half term 2025.







Kids@sightsupport.org

Get in Touch

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> Reg. Charity No. 223668 Company Reg. No. 299291

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