



**Free new and exciting  
activities for children  
with visual impairments**

**New for  
2023!**



# CHILDREN & FAMILY SUPPORT

If you are the parent of a child who is blind or partially sighted, Sight Support HEY is here to help.

We offer a variety of activities for children and young people to get involved with. We have a mix of independent activities that children and young people can attend with trained staff and volunteers, as well as activities for the whole family.

Our trips and activities are a great way to meet other children, young people and families, make friends and have fun.

We offer activities in the school holidays, some weekends and evenings. A newsletter is sent out regularly throughout the year, which includes details of upcoming activities with details of how to book a place.

### **Who can apply?**

Our activities are designed for children and young people with sight loss, aged 5 – 18 years. We also arrange various activities where siblings, parents and other family members can get involved.



Regular activities include:

**Arts programme**

**Music sessions**

**Drama group**

**Multisport sessions**

**Nature activities**

**Plus regular outings and trips**

### **How much does it cost?**

Thanks to a grant from The Ideas Fund delivered by the British Science Association and funded by Wellcome, we are currently able to offer these activities and events **FREE** of charge.



### **How do I get a place on an activity?**

Once a quarter, a newsletter is sent out to all registered children and young people in Hull.

This will include information of upcoming events and activities, as well as a date and time to contact and book your place.

Places are allocated on a first-come, first-serve basis, so if places are fully booked then please do not be disappointed as your name can be put onto our waiting list. If a place becomes available, a member of staff will be in touch.

**For further info and to book please contact Vicky Day on 07990 043614 or email [vickyd@sightsupport.org](mailto:vickyd@sightsupport.org).**

The Ideas Fund is delivered by the British Science Association and funded by Wellcome.



**the  
ideas  
fund**



**BRITISH  
SCIENCE  
ASSOCIATION**



## **Get in Touch**

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